

## 18 December 2019 My leadership, my body and I

## Programme

- Interactive presentation: Strategic principles of martial arts in everyday leadership
- Exchange of experiences
- Body-oriented experiments and personal experience

Focusing attention
The body in everyday life

Posture and presence
Body

Aggression and battle
being led



Dr Michael Rautenberg, Economist, is a management consultant, coach and dialogue expert. He specializes in leadership, organizational culture, communication and change processes.



Mark Tietz, Master of Martial Arts,
7th Master Grade in the martial art of WingTsun (EWTO) with the title Dai-Sifu.
Head of the WingTsun Academy in Frankfurt and

Head of the WingTsun Academy in Frankfurt and Master of Sport Education.

Event location:

pelargos Essential Advisory

Waidmannstrasse 21

60596 Frankfurt am Main

Event duration: 6:30 – 9:30 pm Participation fee: € 290,- plus VAT Registration: info@pelargos.net